

MASSAPEQUA DEVELOPMENTAL TRACK & FIELD MEET SATURDAY-MARCH 25th, 2017



Location: Massapequa High School
Time: 9:30AM-2:00PM
Clerking: 9:15AM

Please e-mail Coach Mike Lisa if you
plan to come at:
mlisa@msd.k12.ny.us

Seeding: Three-event limit: An athlete may compete in two open events, and one relay, verbal seeding in open running events. Cards only needed for field events and relays.

Awards: Medals will be given to the top three finishers in every race, flight, and relay.

Equipment: Spikes $\frac{1}{4}$ in length can be worn on all runways and the track. Please supply your own relay baton.

Event Information:

- The high jump will start at 3'6" for girls and 4'6" for boys.
- The pole vault will start at 6' for girls and 8' for boys.
- Two pits will be used in the long and triple jump simultaneously.

Food: Will be on sale the day of the meet.
Please support the Massapequa Track & Field Booster Club

Entry Fees: \$160.00 boys team, \$160.00 girls team or \$280.00 combined teams.
Non Section VIII teams: \$170.00 Boys, \$170 girls, \$330 combined teams.
Officials will be split among Section VIII schools and billed through BOCES.
This is an entry fee not a participation fee.

Entry Due: Please fill out entry information and send to:
John Piropato
Athletic Director
4925 Merrick Road
Massapequa, NY 11758

Entries Dues by Monday March 20th, 2017

MASSAPEQUA DEVELOPMENTAL TRACK & FIELD MEET
SATURDAY-MARCH 25th, 2017
Massapequa High School

School: _____

School Phone Number: _____

Please circle one:

Section VIII:	BOYS	GIRLS	BOYS & GIRLS
	\$160.00	\$160.00	\$280.00
Non Section VIII	\$170.00	\$170.00	\$330.00

Boys Coach: _____

Phone: _____ e-mail: _____

Asst. Coach: _____

Approximate # of athletes: Runners_____ Jumpers_____ Throwers_____

Girls Coach: _____

Phone: _____ e-mail: _____

Asst. Coach: _____

Approximate # of athletes: Runners_____ Jumpers_____ Throwers_____

Entry Due: John Piropto
Athletic Director
4925 Merrick Road
Massapequa, NY 11758

Make checks or PO's payable to: **Massapequa Public Schools**
Please contact Mike Lisa if your district requires a TAX ID# @
mlisa@msd.k12.ny.us

Entries Due: Monday March 20th, 2017

MASSAPEQUA DEVELOPMENTAL TRACK & FIELD MEET
SATURDAY-MARCH 25th, 2017
Massapequa High School
Order of Events

- 9:30AM: 400IH girls
400IH boys
1500m girls
1600m boys
100m girls
100m boys
400m girls
400m boys
100m hurdles
110m hurdles
800m girls
800m boys
200m girls
200m boys
3000m girls
3200 boys
4 x 400m girls
4 x 400m boys
4 x 100m girls
4 x 100m boys
4 x 800m girls
4 x 800m boys
- 9:30AM Long Jump Boys and Girls-Simultaneously
Followed by Triple Jump Boys and Girls
- 9:30AM Pole Vault Girls Opening Height 6'
Followed by Pole Vault Boys Opening Height 8'
- 9:30AM High Jump Girls Opening Height 3'6"
Followed by High Jump Boys Opening Height 4'6"
- 9:30AM Shot Put Girls
Followed by Shot Put Boys
- Discus Boys
Followed by Girls Discus

